	3k on the Green			28/06/2024	Race	Age
	Runner	Category	M/F	Club	Time	Grade %
1	Brendan Carey	Senior	М	Cambuslang Harriers	00:09:21	78.43%
2	John Connolly	M40	М		00:09:28	81.96%
3	Conor Campbell	Junior	М	Garscube Harriers	00:09:29	85.06%
4	John Sharp	M45	М	Inverclyde AC	00:09:31	86.70%
5	Owen Walpole	Senior	М	Kilmarnock Harriers	00:09:33	77.68%
6	Dean McLeod	Senior	М		00:09:38	77.36%
7	James Bowness	Senior	М		00:09:39	76.59%
8	Lee Shaw	Senior	М	Bellahouston Harriers	00:09:40	75.86%
9	Angus Henderson	Senior	М	Strathclyde Harriers	00:09:43	76.29%
10	Paul Sorrie	M45	М	Shettleston Harriers	00:09:45	82.66%
11	Martyn Glancy	M40	М	Cumbernauld AAC	00:09:53	78.51%
12	Jordan Davidson	Senior	М	Bellahouston Roadrunners	00:09:59	74.31%
13	Drew Carr	Senior	М	Westerlands	00:10:00	74.19%
14	Mark Gallacher	M50	М	Cambuslang Harriers	00:10:08	84.78%
15	Calum Ferguson	Senior	М	Newton Road Runners	00:10:12	72.08%
16	Shawn Wright	Senior	М	Livingstone	00:10:13	71.84%
17	Ben Savage	Senior	М		00:10:13	71.81%
18	Tom Porter	Senior	М	Strathclyde Uni	00:10:14	71.69%
19	Finn Boylan	Senior	М	Glasgow Uni Hare & Hounds	00:10:15	72.32%
20	Steven Pisani	Senior	М		00:10:16	71.43%
21	John Connor Gildea	Senior	М		00:10:26	70.63%
22	Steven Prentice	M45	М	Bellahouston Harriers	00:10:34	78.71%
23	Stephen Forcer	M45	М	Westerlands	00:10:37	77.72%
24	Rosa Donaldson	Senior	F	Bellahouston Harriers	00:10:39	78.47%
25	Alan Hume	M45	М	Central AC	00:10:40	76.75%
26	Jamie Slater	Senior	М	Bellahouston Harriers	00:10:40	68.92%
27	Gergely Bajzath	M40	М	Tinto Hillrunners	00:10:47	74.17%
28	Calum Scott	Senior	М		00:10:48	67.90%
29	David Butterly	M45	М	Garscube Harriers	00:10:52	75.93%
30	Dave Thom	M60	М	Cambuslang Harriers	00:10:57	86.29%
31	Ross McEachran	M55	М		00:10:58	81.71%
32	Christopher Cameron	Junior	М	Giffnock North	00:11:00	79.05%
33	Eve Cameron	Junior	F	Giffnock North	00:11:09	80.89%
34	Craig Brown	M50	М	Garscube Harriers	00:11:12	76.08%
35	Richard Arthurs	Senior	М	Livingstone	00:11:13	65.41%
36	Fiona Matheson	W60	F	Falkirk Victoria	00:11:20	103.65%
37	Danielle Callaghan	W35	F	Victoria Park	00:11:25	75.49%
38	Calum Pettigrew Smith	Senior	М		00:11:36	63.46%
39	Allen Campbell	M50	М	West End Road Runners	00:11:37	72.76%
40	Kevin Brown	M35	М		00:11:40	66.02%
41	David Downey	M55	М	Dunblane Runners	00:11:41	76.70%
42	Gerry McDonell	Senior	М	Bellahouston Roadrunners	00:11:44	62.66%
43	Marie Kane	W35	F	Cambuslang Harriers	00:11:46	72.02%
44	Barrie Johnstone	M45	М		00:11:46	70.12%
45	Alistair Hamilton	Senior	М		00:11:56	61.46%
46	John Kirkwood	M45	М		00:12:00	67.69%
47	Alastair MacLachlan	M65	М	Bellahouston Roadrunners	00:12:06	78.80%
48	Michael Devlin	Senior	М		00:12:17	60.17%

49	Laura Gray	W40	F	Garscube Harriers	00:12:20	73.81%
50	Alan Mooney	M50	М		00:12:23	68.26%
51	Rachel Wardrope	Senior	F	Cambuslang Harriers	00:12:27	67.12%
52	David Wardrope	M50	М	Cambuslang Harriers	00:12:43	67.56%
53	Ella Sharp	Junior	F	Victoria Park	00:12:49	66.60%
54	lain Crawford	M55	М	Cambuslang Harriers	00:13:06	67.25%
55	Alasdair Beaton	M40	М		00:13:13	59.15%
56	Thiadmer Jansen	Senior	М	Vegan Runners	00:13:14	55.42%
57	Paul McKendry	M60	М	Clydesdale Harriers	00:13:17	71.13%
58	Frans Roelofse	M60	М	Bellahouson Road Runners	00:13:25	70.43%
59	Charlotte Moran	Senior	F	Linlithgow	00:13:26	62.45%
60	Karen McAllister	W60	F	Falkirk Victoria	00:13:27	88.70%
61	Paul McGuigan	M45	М	Shettleston Harriers	00:13:29	61.19%
62	Matt Bridgestock	M45	М		00:13:34	59.87%
63	Erica Christie	W65	F	Cambuslang Harriers	00:13:38	91.79%
64	Darren Carruthers	Senior	М	Red Star	00:14:00	52.38%
65	Ada Stewart	W60	F	Kirkintilloch Olympians	00:14:06	79.66%
66	Tom McMillan	M70	М		00:14:16	71.10%
67	Connor Nicol	Senior	М		00:14:16	51.41%
68	Peter Ogden	M70	М	Cambuslang Harriers	00:14:51	70.24%
69	Linda Cunningham	W55	F	Central AC	00:14:58	70.90%
70	Alastair Harris	M45	М	Strathaven Striders	00:15:03	53.55%
71	Sharon Molloy	W35	F		00:15:06	57.07%
72	Rachel Goslan	W45	F		00:15:18	62.46%
73	Margaret Hutchinson	W55	F		00:15:22	69.06%
74	Daniel Taylor	Senior	М		00:15:26	48.07%
75	David Cooney	M75	М	Cambuslang Harriers	00:15:32	69.35%
76	Bob Porteous	M75	М	Shettleston Harriers	00:15:43	68.54%
77	Kerri Hutchison	W40	F	Wee County Harriers	00:16:26	53.70%
78	David Gemmell	M40	М	Bellahouston Harriers	00:16:33	47.24%
79	Raymond Loughran	M65	М	Shettleston Harriers	00:17:22	55.42%
80	Catrina Deans	W55	F	Bellahouston Harriers	00:18:32	58.89%
81	Kate Cameron	Senior	F	Giffnock North	00:18:45	45.05%
82	Emma Nicholson	Junior	F	West End Road Runners	00:19:10	60.14%
83	Scott Nicholson	M35	М	West End Road Runners	00:19:10	40.19%
84	Dave Slater	M45	М	Christian Runners UK	00:20:08	40.98%
85	John Softley	M75	М	Bellahouston Harriers	00:20:35	52.33%
86	William Mitchell	M75	М		00:24:44	43.55%