	3k on the Green			26/07/2024	Race	Age
	Runner	Category	M/F	Club	Time	Grade %
1	Euan Duernberger	Senior	М	Edinburgh AC	00:09:04	81.09%
2	Alastair MacFadyean	Senior	М	Dundee Hawkhill	00:09:13	80.43%
3	Cameron Muir	Senior	М	Shettleston Harriers	00:09:16	79.14%
4	Jonathan Fairgrieve	Senior	М	Shettleston Harriers	00:09:18	78.85%
5	Ross Horgan	Senior	М	Bellahouston Roadrunners	00:09:24	78.02%
6	Kenny Osborne	M35	М	Bellahouston Roadrunners	00:09:27	81.51%
7	John Sharp	M45	М	Inverclyde AC	00:09:37	85.80%
8	Nicky Miller	M35	М	Glasgow Triathlon	00:09:48	78.59%
9	Bryan Kerr	Senior	М	Bellahouston Roadrunners	00:09:50	74.94%
10	Stephen McQuade	M35	М	Bellahouston Roadrunners	00:09:51	76.06%
11	James Bowness	Senior	М		00:09:53	74.78%
12	Jordan Davidson	Senior	М	Bellahouston Roadrunners	00:10:00	74.19%
13	Alistair Campbell	M35	М	Cambuslang Harriers	00:10:04	75.95%
14	Mark Young	M35	М	Bellahouston Roadrunners	00:10:07	75.57%
15	Kiaran Dougherty	M40	М	Bellahouston Roadrunners	00:10:12	76.65%
16	John Craig	M40	М	Shettleston Harriers	00:10:15	75.70%
17	Stephen Hanley	M35	М	Greenock Glenpark Harriers	00:10:18	73.18%
18	Ryan Miller	M40	М	Newton Road Runners	00:10:27	75.95%
19	Steven Prentice	M45	М	Bellahouston Harriers	00:10:28	79.46%
20	Doireann Hughes	Senior	F	Edinburgh AC	00:10:31	79.46%
21	Leon Cerrone	M40	М		00:10:34	74.54%
22	Steven Burchill	M45	М	Harmeny AC	00:10:45	77.37%
23	Valencia Wright	Senior	F	Giffnock North	00:10:50	77.44%
24	Jamie Slater	Senior	М	Bellahouston Harriers	00:10:53	67.55%
25	Owen Murphy	M40	М	Kirkintilloch Olympians	00:10:56	72.04%
26	Kirsty Mann	Senior	F	Cambuslang Harriers	00:11:16	74.91%
27	Richard Britton	M45	М	Stirling Tri	00:11:18	73.02%
28	Craig Brown	M50	М	Garscube Harriers	00:11:23	74.86%
29	Martin Whyte	M40	М		00:11:25	67.96%
30	Alan O'Donnell	M40	М		00:11:26	69.95%
31	Craig Rankin	M40	М	Troon Tortoises	00:11:28	68.18%
32	Marie Kane	W35	F	Cambuslang Harriers	00:11:31	73.59%
33	Chris Ashe	M35	М	Kirkintilloch Olympians	00:11:32	66.78%
34	Iain Wallace	M55	М	Cambuslang Harriers	00:11:34	75.52%
35	Jacqui Thomson	W60	F	Cambuslang Harriers	00:11:37	96.69%
36	Alastair MacLachlan	M65	М	Bellahouston Roadrunners	00:12:18	77.52%
37	Jamie Wieland	M35	М	Bellahouston Roadrunners	00:12:20	61.12%
38	David Mulholland	M50	М		00:12:22	69.47%
39	Kerr Murray	Junior	М	Cumbernauld AAC	00:12:24	68.17%
40	David Murray	M40	М	Kirkintilloch Olympians	00:12:24	63.05%
41	Ella Sharp	Junior	F	Victoria Park	00:12:26	68.66%
42	Simon Parkinson	M55	М	Bellahouston Harriers	00:12:36	71.74%
43	Colin MacFadyean	M50	М		00:12:42	68.21%
44	Arthur Mulholland	M60	М	East Kilbride AC	00:12:45	72.15%
45	Jim Boyle	M50	М	Garscube Harriers	00:12:49	66.49%
46	Emma Purdie	Senior	F	Shettleston Harriers	00:12:50	65.12%

47	Debort Degerson	M60	М	Kirkintillach Olympians	00:12:53	72.68%
47	Robert Rogerson			Kirkintilloch Olympians		
48	Paul McKendry	M60	M	Clydesdale Harriers	00:12:55	73.15%
49	Johnny Mair	M70	М	Conservation Classical Albertains	00:13:03	76.78%
50	Jennifer Rooney	Senior	F	Greenock Glenpark Harriers	00:13:05	64.12%
51	Frank Hurley	M70	M	Cambuslang Harriers	00:13:07	78.37%
52	Phil Owens	M60	M	Aberdeen AC	00:13:08	71.95%
53	Matthew Farrell	M40	M		00:13:11	59.30%
54	Raymond Farrell	M50	M		00:13:11	65.71%
55	Alasdair Beaton	M40	M	Aut to Ti	00:13:12	59.23%
56	Mark Russell	M50	M	Athelete Tri	00:13:15	63.27%
57	Thiadmer Jansen	Senior	M	Vegan Runners	00:13:16	55.28%
58	Henry Merriweather	M50	М	Bellahouston Roadrunners	00:13:17	64.68%
59	Craig Gough	Senior	М		00:13:34	54.93%
60	Paul McGuigan	M45	М	Shettleston Harriers	00:13:39	60.45%
61	lain Crawford	M55	М	Cambuslang Harriers	00:13:46	63.99%
62	Gillian Gallagher	W40	F	Giffnock North	00:14:06	63.85%
63	James Boyce	M45	М		00:14:10	56.89%
64	Ada Stewart	W60	F	Kirkintilloch Olympians	00:14:12	80.28%
65	Les Hill	M65	М	Dumfries RC	00:14:16	67.46%
66	Tom McMillan	M70	М		00:14:18	70.93%
67	Peter Ogden	M70	М	Cambuslang Harriers	00:14:34	71.60%
68	Mark Sherman	M60	М		00:14:38	62.31%
69	Lauren Martin	W35	F		00:14:48	57.26%
70	David Pease	M60	М	Falkland Trail Runners	00:14:56	61.06%
71	Sandra Fulton	W40	F		00:15:08	59.49%
72	Jamie Young	M35	М		00:15:17	49.66%
73	Rebecca Laird	Senior	F		00:15:21	54.65%
74	Bob Porteous	M75	М	Shettleston Harriers	00:15:47	68.25%
75	Grace Merriweather	Senior	F	Migo Running	00:16:11	51.64%
76	David Gemmell	M40	М	Bellahouston Harriers	00:16:17	48.01%
77	Deirdrie Parkinson	W65	F	Bellahouston Harriers	00:16:26	74.93%
78	Paul Mannas	M65	М		00:16:46	56.87%
79	Raymond Loughran	M65	М	Shettleston Harriers	00:16:48	57.28%
80	Fiona Merriweather	W55	F	Migo Running	00:16:52	64.71%
81	Felicity Devanney	Senior	F		00:17:02	49.06%
82	Natalie Coghill	Senior	F		00:17:07	48.92%
83	Linda Wallace	W55	F		00:17:25	60.10%
84	Inge Dannenburg	W45	F		00:18:39	49.40%
85	Dave Slater	M45	М	Christian Runners UK	00:18:53	43.69%
86	Catherine Mullaney	W60	F		00:19:24	61.50%
87	William Mitchell	M75	М		00:25:12	42.74%