

3k on the Green			30/08/2024		Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Stuart Donachie	Senior	M	Cambuslang Harriers	00:08:57	81.94%
2	Oscar Coetzee	M40	M	Bellahouston Roadrunners	00:09:13	84.83%
3	Grant Murphy	M35	M	Bellahouston Roadrunners	00:09:22	81.03%
4	Simon Fraser	M40	M	G72	00:09:24	83.17%
5	Owen Walpole	Senior	M	Kilmarnock Harriers	00:09:27	78.86%
6	Andrew Kirk	Senior	M	Kirkintilloch Olympians	00:09:30	78.09%
7	Brent Brodie	M50	M	Bellahouston Harriers	00:09:34	88.35%
8	Chris Upson	M60	M	Cambuslang Harriers	00:09:42	94.83%
9	Drew Carr	Senior	M	Westerlands	00:09:43	76.35%
10	David Jarrett	M40	M	Bellahouston Roadrunners	00:09:46	80.65%
11	Matt MacDonald	M45	M	Garscube Harriers	00:09:48	82.24%
12	Calum Oates	M35	M		00:09:54	75.68%
13	Jay Cowan	Senior	M	Bellahouston Roadrunners	00:09:56	73.83%
14	Oliver Reilly	Senior	M	Greenock Glenpark Harriers	00:10:00	74.19%
15	Justin Carter	M50	M	Cambuslang Harriers	00:10:01	84.38%
16	Jordan Davidson	Senior	M	Bellahouston Roadrunners	00:10:08	73.21%
17	Laura Haggarty	W40	F	Kilmarnock Harriers	00:10:22	84.39%
18	David Shaw	M50	M	Giffnock North	00:10:24	81.27%
19	Steven Burchill	M45	M	Harmeny AC	00:10:25	79.85%
20	Robbie Hayman	M50	M		00:10:26	83.03%
21	Leon Cerrone	M40	M		00:10:27	75.38%
22	Andrew Daisley	Senior	M		00:10:34	69.74%
23	Steven Prentice	M50	M	Bellahouston Harriers	00:10:39	78.72%
24	Stephen Forcer	M45	M	Westerlands	00:10:44	76.87%
25	Fiona Matheson	W60	F	Falkirk Victoria	00:10:50	108.44%
26	David McMillan	M35	M		00:10:52	68.95%
27	Owen Murphy	M40	M	Kirkintilloch Olympians	00:10:52	72.49%
28	Grant Matheson	M60	M	Falkirk Victoria	00:10:54	85.14%
29	Adam Todd	Senior	M	Kilmarnock Harriers	00:10:58	66.87%
30	Richard Evans	M40	M	Bellahouston Roadrunners	00:11:03	70.75%
31	Craig Rankin	M40	M	Troon Tortoises	00:11:05	70.54%
32	Alan O'Donnell	M40	M		00:11:07	71.95%
33	Scott Wilkes	M55	M	Ashington Hirst RR	00:11:11	79.44%
34	Katherine Hylands	W35	F		00:11:12	76.95%
35	John Duffy	M60	M	Shettleston Harriers	00:11:13	81.29%
36	James McGreevy	M40	M	Bellahouston Roadrunners	00:11:18	69.71%
37	Denis Williams	M60	M	Shettleston Harriers	00:11:19	81.29%
38	Mary Senior	W50	F	Garscube Harriers	00:11:20	87.59%
39	Gerry McDonell	Senior	M	Bellahouston Roadrunners	00:11:20	65.02%
40	Kyle Simpson	Senior	M		00:11:21	64.77%
41	Iain Wallace	M55	M	Cambuslang Harriers	00:11:27	76.29%
42	Gerard Scullion	M55	M	Bellahouston Roadrunners	00:11:28	78.83%
43	Jacqui Thomson	W60	F	Cambuslang Harriers	00:11:34	98.56%
44	David Ferguson	M45	M	Bellahouston Roadrunners	00:11:37	69.38%
45	Peter Alexander	M40	M	Newton Road Runners	00:11:39	66.60%
46	Calum Sinclair	M40	M		00:11:40	67.01%
47	Terry Coyle	M65	M	Victoria Park	00:11:42	83.81%
48	John Murray	M45	M	Garscube Harriers	00:11:45	70.79%

Classification: Private

49	Sid Muragundi	M35	M		00:11:46	65.46%
50	Paul White	M40	M		00:11:47	67.88%
51	Alastair MacLachlan	M65	M	Bellahouston Roadrunners	00:11:48	80.80%
52	Jennifer Conway	W35	F	Bellahouston Roadrunners	00:11:48	71.82%
53	Thomas Thorne	M40	M	Bellahouston Roadrunners	00:11:55	66.10%
54	Laura Gray	W40	F	Garscube Harriers	00:11:56	76.29%
55	Lisa Mason	Senior	F		00:11:57	70.07%
56	Alan Sharp	M40	M		00:12:05	65.68%
57	Paula McCabe	W35	F	Cambuslang Harriers	00:12:08	71.54%
58	Chris Wheeler	Senior	M		00:12:13	60.03%
59	John Kirkwood	M45	M		00:12:15	66.31%
60	Emma Purdie	Senior	F	Shettleston Harriers	00:12:17	68.04%
61	Andy Law	M65	M	Victoria Park	00:12:17	79.83%
62	Peter Minting	M50	M	Helensburgh AC	00:12:21	67.89%
63	Alex Guy	Junior	M		00:12:24	70.12%
64	Iain Littler	M35	M	Springburn Harriers	00:12:28	61.78%
65	David Murphy	M50	M	Shettleston Harriers	00:12:28	68.91%
66	Amit Kumar	Senior	M	Shettleston Harriers	00:12:31	58.59%
67	Linda Woodcraft	W45	F		00:12:33	74.30%
68	Lynsey Parker	W45	F	Maryhill	00:12:36	73.12%
69	Ella Sharp	Junior	F	Victoria Park	00:12:37	67.66%
70	Alastair Cunningham	M55	M		00:12:38	70.93%
71	Iain Moore	M35	M		00:12:39	60.89%
72	Jamie Wieland	M35	M	Bellahouston Roadrunners	00:12:39	59.59%
73	Scott Vallance	Senior	M		00:12:45	58.45%
74	Paul McKendry	M60	M	Clydesdale Harriers	00:12:52	73.44%
75	Derek Esson	M60	M	Falkirk Victoria	00:12:54	70.68%
76	Iain Crawford	M55	M	Cambuslang Harriers	00:12:58	67.94%
77	Frans Roelofse	M60	M	Bellahouston Road Runners	00:13:00	72.68%
78	Craig Gough	Senior	M		00:13:01	57.25%
79	Sharon McPhee	W45	F	Falkirk Victoria	00:13:03	74.15%
80	Frank Hurley	M70	M	Cambuslang Harriers	00:13:05	78.57%
81	Angela McLachlan	W40	F	Newton Road Runners	00:13:05	68.81%
82	Alasdair Beaton	M40	M		00:13:06	59.68%
83	Claire Hurley	W35	F	Newton Road Runners	00:13:06	64.69%
84	David Galliano	M50	M		00:13:13	63.95%
85	Henry Merriweather	M50	M	Bellahouston Roadrunners	00:13:15	64.84%
86	Tony McGale	M50	M	Garscube Harriers	00:13:19	65.05%
87	Karen McAllister	W60	F	Falkirk Victoria	00:13:19	89.59%
88	Tony Breslin	M55	M	Bellahouston Roadrunners	00:13:21	65.43%
89	Jane Wilkes	W55	F	Ashington Hirst RR	00:13:29	78.71%
90	Calum Roach	Senior	M	Mount Venon Runners	00:13:31	55.42%
91	Helena Gribben	W55	F	Falkirk Victoria	00:13:32	79.51%
92	Guy Morton	M50	M		00:13:34	61.80%
93	Frances Wood	W65	F	Linlithgow	00:13:36	89.11%
94	David Edelman	M65	M	Giffnock North	00:13:38	71.24%
95	Lyndsay Kennedy	W35	F	Bellahouston Roadrunners	00:13:40	63.06%
96	Joseph Ogunjobi	Senior	M		00:13:48	53.15%
97	Robert Donachie	M75	M	Falkirk Victoria	00:13:54	80.44%
98	Gillian Gallagher	W40	F	Giffnock North	00:13:57	64.53%

99	Kevin Gallagher	M45	M		00:13:58	57.71%
100	Tom McMillan	M70	M		00:14:05	72.02%
101	Chris McKenna	M40	M		00:14:15	54.86%
102	Ada Stewart	W60	F	Kirkintilloch Olympians	00:14:18	79.72%
103	Lyndsay Henderson	W35	F		00:14:21	59.68%
104	Alastair Harris	M45	M	Strathaven Striders	00:14:31	55.52%
105	Callum McLean	Junior	M		00:14:43	60.98%
106	Cameron Conroy	Junior	M		00:14:43	60.98%
107	Viv Fraser	W55	F		00:14:50	73.58%
108	David Pease	M60	M	Falkland Trail Runners	00:14:59	60.85%
109	Becky Edmonds	W40	F		00:15:03	60.49%
110	Linda Cunningham	W55	F	Central AC	00:15:08	70.12%
111	Alec Wood	M70	M	Linlithgow	00:15:11	68.69%
112	Margaret Hutchinson	W55	F		00:15:17	69.44%
113	Jill Penman	W45	F		00:15:25	61.99%
114	Peter Rudzinski	M70	M	Clydesdale Harriers	00:15:48	66.01%
115	Bob Porteous	M75	M	Shettleston Harriers	00:15:56	67.60%
116	Graeme Pert	M65	M	Bellahouston Roadrunners	00:16:04	59.90%
117	Stephen Bell	M70	M	Bellahouston Roadrunners	00:16:04	63.98%
118	Rachel Goslan	W45	F		00:16:17	58.69%
119	David Gemmell	M40	M	Bellahouston Harriers	00:16:19	48.27%
120	Felicity Devanney	Senior	F		00:16:20	51.17%
121	Paul Mannas	M65	M		00:16:32	57.67%
122	Raymond Loughran	M65	M	Shettleston Harriers	00:16:45	57.99%
123	Gary Redmond	M50	M		00:16:45	50.87%
124	Harry McDonald	M65	M		00:17:27	55.66%
125	Linda Wallace	W55	F		00:17:36	59.47%
126	Dami Afolami	Junior	F		00:17:45	52.94%
127	Jillian Oates	W35	F		00:18:02	47.49%
128	Dave Slater	M45	M	Christian Runners UK	00:18:08	45.50%
129	Bliss McCarron	Junior	F		00:18:14	52.83%
130	Marcel Borowy	Junior	M		00:18:18	49.04%
131	Catrina Deans	W55	F	Bellahouston Harriers	00:18:29	59.89%
132	Deirdrie Hoyle	#N/A	F	Bellahouston Harriers	00:19:13	
133	John Softley	M75	M	Bellahouston Harriers	00:20:23	52.85%
134	William Mitchell	M75	M		00:25:10	43.58%